

SAFETY BASICS *Healthcare Series*

Transfer from Sitting to Standing Position

Activity: Resident Handling

Description: Powered sit-to-stand or standing-assist devices.

When to Use: Lifting residents who are partially dependent, have some weight bearing capacity, are cooperative, can sit up on the edge of the bed with or without assistance, and are able to bend hips, knees and ankles.

Transfers from bed to chair (wheelchair, Geri or cardiac chair), or chair to bed, or for bathing and toileting. Can be used for repositioning where space or storage is limited.

Points to Remember: Usually requires one caregiver. Look for a device that has a variety of sling sizes, lift-height range, battery portability, hand-held control, emergency shut-off and manual override. Ensure lifting device is in good working order before use and is rated for the load weight to be lifted.

Electric/battery powered lifts are preferred to crank or pump type devices to allow a smoother movement for the resident, and less physical exertion and risk of musculoskeletal injury to the caregiver.



Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov