

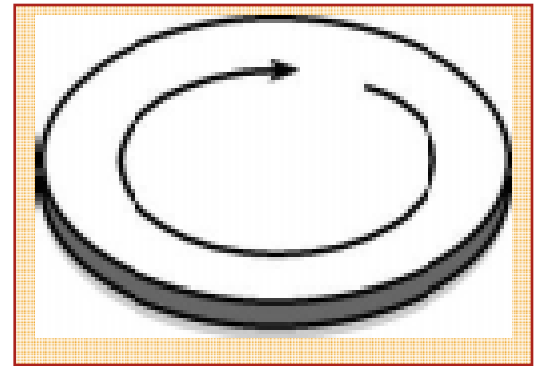
SAFETY BASICS *Healthcare Series*

Transfer from Sitting to Standing

Activity: Resident Handling

Description: Pivot discs or boards; some discs have a stand-assist device attached for independent residents

When to Use: Transferring residents who are partially dependent, have some weight bearing capacity and are cooperative. Transfers such as bed to chair, chair to chair, or chair to car. Helps caregivers perform transfers without twisting.



Points to Remember: May require one or two caregivers. The disc is placed on the floor and used to rotate the resident 90 degrees to a bed or chair. Lower bed so that resident's feet are supported on the floor before standing.

Resident's feet should be in the center of the disc, not touching the outer rim. A transfer or gait belt can be used in addition to the disc. May not be appropriate for heavier residents. Ensure disc has non-slip material on either side.

Ensure wheels on equipment are locked and transfer surfaces are at same level. Lower bedrails, remove arms and foot rests from chairs, and other items that may obstruct the transfer.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov