

## SAFETY BASICS *Healthcare Series*

### Bathtub, Shower and Toileting

**Activity:** Resident Handling

**Description:** Height-adjustable bathtub and easy-entry bath tubs

**When to Use:** Bathing residents who sit directly in the bathtub, or to assist ambulatory residents climb more easily into a low tub, or easy-access tub. Bathing residents in portable-powered or ceiling-mounted lift device using appropriate bathing sling. Reduces risk of back and shoulder injuries to caregiver and to those who clean the tub after use. Increases resident safety and comfort.



**Points to Remember:** The tub can be raised to eliminate bending and reaching for the caregiver. Use correct body mechanics, and adjust the tub to waist height to reduce back flexion, when performing hygiene activities.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult [www.OSHA.gov](http://www.OSHA.gov)