

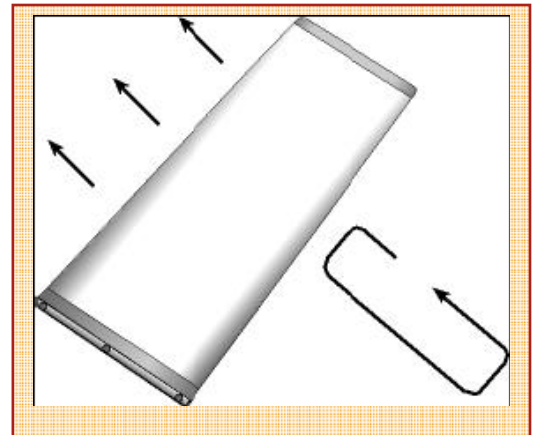
SAFETY BASICS *Healthcare Series*

Lateral Transfer

Activity: Resident Handling

Description: Boards or mats with vinyl coverings and rollers

When to Use: Transferring a partial or non-weight bearing resident between two horizontal surfaces, such as a bed to a stretcher or gurney in supine position.



Points to Remember: Two caregivers are required to perform this type of transfer. Additional assistance may be needed depending on resident status, e.g., for heavier or non-cooperative residents.

Move resident to new surface using gentle push and pull motion. Device may not be suitable for bariatric residents. Ensure equipment wheels are locked.

Ensure transfer surfaces are at same level and at a height that allows caregivers to work at waist level to avoid extended reaches and back flexion. Count down and synchronize the transfer motion between caregivers.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov