

SAFETY BASICS *Healthcare Series*

Lateral Transfer in Sitting Position

Activity: Resident Handling

Description: Transfer slings

When to Use: Transferring residents who are partially dependent, cooperative, have some weight bearing capacity, can sit up unaided and are able to bend hips, knees and ankles. Transfers from bed to chair, or chair to chair, or chair to toilet.



Points to Remember: Can be used by one or two caregivers with pivot or transfer disc to assist transfer as necessary. Place sling under resident's hips. Caregiver(s) support resident during the transfer. Use for short distance transfers only.

Sling should not be used to lift residents. Position sling so as not to dig into or slip off of resident. Ensure sling is in good condition before use and resident is wearing non-slip clothing. Adjust bed so resident's feet are flat on floor. Use smooth motion by moving feet while pivoting.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov