

SAFETY BASICS *Healthcare Series*

Cleaning Rooms (Dry Method)

Activity: Housekeeping

Description: Work methods or tools to clean resident's rooms without water and chemical products

When to Use: When cleaning rooms, beds, counters, walls and furniture, sweeping and dusting floors.



For hand tool use: Alternate leading hand, avoid tight and static grip, and use padded non-slip handles.

For cleaning: Raise beds to waist level; use knee pads when kneeling; use tools with long handles, step stools or ladders to avoid overhead reaching; alternate tasks frequently, and use carts to transport cleaning supplies.

Sweeping and dusting: Use flat head duster or “doodle bugs”, and push with leading edge; avoid lifting leading edge of duster; sweep all areas into one pile for pick up, and vacuum if possible.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov