

ELIMINATE THE LIFT, ELIMINATE INJURY

Complete sentences by choosing the correct letter from the list below.

1. Safe patient handling include... _____
2. Risk to health care workers backs is higher than risks to... _____
3. Musculoskeletal disorders are caused by... _____
4. Mechanical equipment includes... _____
5. Musculoskeletal disorders are... _____
6. Low-cost ergonomic aids are... _____



Select the correct letter:

- a. slide boards, gate belts and slip-sheets.
- b. lifting, pushing and pulling.
- c. construction workers, retail or manufacturing workers backs.
- d. cumulative.
- e. full lifts and sit-to-stand devices.
- f. engineering controls, lifting and transfer aids.

Answers to quiz:
1. f. engineering controls, lifting and transfer aids.
2. c. construction workers, retail or manufacturing workers backs.
3. b. lifting, pushing and pulling.
4. e. full lifts and sit-to-stand devices.
5. d. cumulative.
6. a. slide boards, gate belts and slip-sheets.



Employee _____

Date _____