

## CONSTRUCTION

## EMPLOYEE HANDOUT

### COLD WEATHER HAZARDS

Complete sentences by choosing the correct letter from the list below.

1. Major cold weather risks are...

\_\_\_\_\_

2. Carbon monoxide symptoms are...

\_\_\_\_\_

3. Winter driving hazards require...

\_\_\_\_\_

4. Avoid slips and falls by having...

\_\_\_\_\_

5. Protect yourself outdoors by...

\_\_\_\_\_



### Choose the correct letter:

a. layered clothing, regular breaks, the buddy system and warm drinks.

b. slower speeds, distance and lights on.

c. frostbite and hypothermia.

d. headache fatigue, light headedness, shortness of breath, nausea and dizziness.

e. dry floors, good lighting, proper footwear and mats.

Answers to the quiz:  
1. c. frostbite and hypothermia.  
2. d. headache fatigue, light headedness, shortness of breath, nausea and dizziness.  
3. b. slower speeds distance and lights on.  
4. e. dry floors, good lighting, proper footwear and mats.  
5. a. layered clothing, regular breaks, the buddy system and warm drinks.



Employee \_\_\_\_\_

Date \_\_\_\_\_