

CONSTRUCTION

EMPLOYEE HANDOUT

LADDER SAFETY BASICS

Complete the sentences by choosing the correct letter from the list below.

1. Use non-metallic ladders... _____
2. Observe the “belt buckle” rule... _____
3. Ladders should be... _____
4. Use the “four to one” rule... _____
5. Never stand on the top step of a ladder... _____



Select the correct letter:

- a. even step ladders.
- b. inspected before use.
- c. one foot of base for every four feet of height.
- d. whenever you are working with electricity.
- e. do not lean out over the sides of a ladder past your belt buckle.

Answers to quiz:
 1. d. whenever you are working with electricity.
 2. e. do not lean out over the sides of a ladder past your belt buckle.
 3. inspected before use.
 4. one foot of base for every four feet of height.
 5. a. even step ladders.



Employee _____

Date _____



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