

SAFETYPRINCIPLES

CONSTRUCTION

EMPLOYEE HANDOUT

LADDER SAFETY BASICS

Complete the sentences by choosing the correct letter from the list below.

- 1. Use non-metallic ladders...
- 2. Observe the "belt buckle" rule...
- 3. Ladders should be...
- 4. Use the "four to one" rule...
- 5. Never stand on the top step of a ladder...



Select the correct letter:

- a. even step ladders.
- b. inspected before use.
- c. one foot of base for every four feet of height.
- **d.** whenever you are working with electricity.
- e. do not lean out over the sides of a ladder past your belt buckle.

5. a. even step ladders.

4. one foot of base for every four foot of height.

3. inspected before use.

your belt buckle.

2. e. do not lean out over the sides of a ladder past

1. d. whenever you are working with electricity.

Answers to quiz:

Employee Date

