

HEALTHCARE

EMPLOYEE HANDOUT

ELIMINATE THE LIFT, ELIMINATE INJURY

Complete sentences by choosing the correct letter from the list below.

1. Safe patient handling include...

2. Risk to health care workers backs is higher than risks to...

3. Musculoskeletal disorders (MSDs) are caused by...

4. Mechanical equipment includes...

5. Musculoskeletal disorders are...

6. Low-cost ergonomic aids are...



Select the correct letter:

- a. slide boards, gate belts and slip-sheets.
- b. lifting, pushing and pulling.
- c. construction workers, retail or manufacturing workers backs.
- d. cumulative.
- e. full lifts and sit-to-stand devices.
- f. engineering controls, lifting and transfer aids.

Answers to quiz:
1. f. engineering controls, lifting and transfer aids.
2. c. construction workers, retail or manufacturing workers backs.
3. b. lifting, pushing and pulling.
4. e. full lifts and sit-to-stand devices.
5. d. cumulative.
6. a. slide boards, gate belts and slip-sheets.



Employee _____

Date _____