

SAFETY BASICS *Healthcare Series*

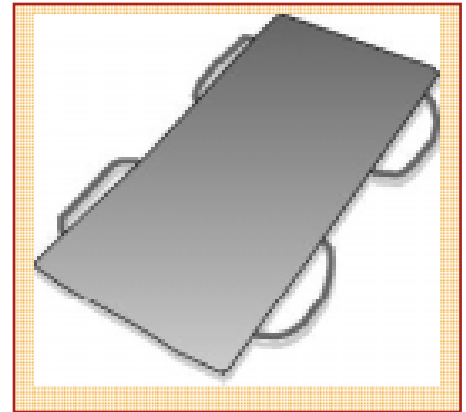


Lateral Transfer

Activity: Resident Handling

Description: Transfer cots with handles

When to Use: Transferring a partial or non-weight bearing resident between two horizontal surfaces, such as a bed to a stretcher or gurney in supine position.



Points to Remember: Two caregivers are required to perform this type of transfer. Additional assistance may be needed depending on resident status, e.g., for heavier or non-cooperative residents.

Technique may not be suitable for bariatric residents. Use in combination with friction-reducing devices such as slide boards or slippery sheets. Ensure wheels on equipment are locked.

Ensure transfer surfaces are at same level and at a height that allows caregivers to work at waist level to avoid extended reaches and back flexion. Count down and synchronize the transfer motion between caregivers.

Safety Basic Health Care Series Information is extracted directly from OSHA safety materials. For additional information consult www.OSHA.gov